

CTK Mission Ministry

Food Programs and Shopping List

Without a doubt, we are asked for donations of food and meals more than anything else. We are responding by expanding our Food Program. Visiting map.feedingamerica.org is an eye-opening resource to see the great need.

The groups that have benefitted so far from our food program include Jericho Way, From His Throne, St. Bartholomew Neighborhood Food Program, Street Ministry, CALS/Be Mighty Little Rock, and St. Theresa

These are our nonperishable food programs and a shopping list of items that are always appreciated:

HOPE Sacks

Gallon size ziploc bags filled with nonperishable food are ideal for people who are experiencing homelessness and have no access to hot water.

Tuna Snack Packs, Fruit Cups/Applesauce, Vienna Sausage, Nuts, Dried Fruit, Trail Mix, Nutrition Bars, Juice boxes, Peanut Butter, Crackers

HOPE Breakfast Sacks

Gallon size ziploc bags filled with nonperishable food are ideal for people who are experiencing homelessness and have no access to hot water.

An individual box of shelf-safe milk, like Horizon, will fit in a large Solo Cup - also add individual box of cereal, breakfast bars and/or fruit cups.

HOPE Pantry Box

These boxes of food are intended for people and groups who have access to hot water, stove, etc. The items need to be shelf safe - no refrigerated items. Boxes help with transport & storage at food pantries, but we will gladly accept bags.

Macaroni and Cheese, Soup, Canned Vegetables, Spaghetti Meals, Cereal, Rice and other grains, etc. Items suitable for HOPE Sacks may be included.

Shopping List Suggestions

Items in **Blue** are suitable for HOPE Sacks

- Tuna/Cracker Packs
- Vienna Sausage
- Shelf-Safe Milk
- Individual Cereal Boxes
- Peanut Butter Crackers
- Nutrition/Breakfast Bars
- Trail Mix/Granola
- Nuts
- Dried Fruit
- Fruit Cups or Applesauce
- Utensils & Napkin
- Hand Towelette
- Gallon Size Ziploc Bags
- Cereal
- Peanut Butter
- Macaroni & Cheese
- Pasta or Rice Box Meals
- Canned Food
- Shelf-Safe Package Meals

Thank you so much for your generosity!

One person can make a difference

Please contact the Mission Office for more information

Email Betty Jo King at mission@ctklr.org

Visit our website at www.ctkmission.org